

## **Box 2** *Aide-memoire*

When documenting reasons for detention we suggest five clear statements, as follows:

Patient 'A' has 'such and such' a mental disorder characterised by the following symptoms \_\_\_\_\_

The nature of their disorder is demonstrated by \_\_\_\_\_ AND/OR  
The degree of their disorder is demonstrated by \_\_\_\_\_

Community treatment is not possible because \_\_\_\_\_ and this makes 24-hour specialist hospital admission necessary.

Hospital admission is necessary in the interests of 'A's' health because he or she needs \_\_\_\_\_; in the interests of patient 'A's' safety to manage the risks of \_\_\_\_\_; and for the protection of others to manage the risks of \_\_\_\_\_

Informal admission is not possible because Patient A is not agreeing to admission, AND/OR the established nature of their mental disorder strongly indicates that they will not sustain a commitment to informal admission AND/OR the patient lacks capacity but the patient's needs cannot be appropriately met by relying on the Mental Capacity act alone.